

Concerns about fluoridation are increasing as more and more studies are published showing that ingested fluorides are potentially harmful. Cleveland Clinic physician and New York Times bestselling author, Mark Hyman, MD, has joined a growing chorus of influential leaders calling attention to the potential health risks of drinking fluoridated water.



## Dr. Mark Hyman | April 2016

Email to Daniel Stockin, MPH  
The Lillie Center for Energy and Health Studies, Ellijay GA

**T**here are numerous mechanisms by which uncontrolled dosing of fluorides through water fluoridation can potentially harm thyroid function, the body and the brain. A malfunctioning thyroid often leads to weight gain. And diabetics and patients with kidney disease are often thirsty, causing them to consume increased amounts of fluorides if they have access to only fluoridated water.

Communities of color and the underserved are disproportionately harmed by fluorides because most rely on municipal water sources, many of which continue to add fluoride, despite research showing the potential harms and negating the potential benefits.

Known to millions of American television viewers for his media appearances, Dr. Hyman is also calling for a federal investigation of water fluoridation:

I support federal investigative hearings looking into why our cities and towns are allowed to continue to add fluoride to public water sources and why the whole story about fluorides is only just now coming out.

More about this story at [http://fluoridealert.org/news/mark\\_hyman\\_fluoride/](http://fluoridealert.org/news/mark_hyman_fluoride/)